

## **FESTAL ORTHROS ON SEPTEMBER 14 ELEVATION (EXALTATION) OF THE HOLY CROSS**

REPOSE OF JOHN CHRYSOSTOM, ARCHBISHOP OF CONSTANTINOPLE; VENERABLE MARTYR MAKARIOS THE  
NEW OF THESSALONICA; VENERABLE MARTYR JOSEPH OF DIONYSIOU MONASTERY ON ATHOS

Priest: Blessed is our God always, now and ever, and unto ages of ages.

Choir: Amen.

People: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE)  
*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever,  
and unto ages of ages. Amen.*

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. (THRICE)

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever,  
and unto ages of ages. Amen.*

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen. (Choir continues.)

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Do Thou, Who of Thine own good will wast lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

*Both now and ever, and unto ages of ages. Amen.*

O Champion dread, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.

### LITANY

Priest: Have mercy on us, O God, according to Thy great goodness, we pray Thee, hearken and have mercy.

Choir: Lord, have mercy. (THRICE)

Priest: Again we pray for all pious and Orthodox Christians.

Choir: Lord, have mercy. (THRICE)

Priest: Again we pray for our father and Metropolitan N., (for our Archbishop N. or Bishop N.), and for all our Brotherhood in Christ.

Choir: Lord, have mercy. (THRICE)

Priest: For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen. Bless, Father, in the Name of the Lord.

Priest: Glory to the Holy, Consubstantial, Life-giving and Undivided Trinity, always, now and ever, and unto ages of ages.

Choir: Amen.

Glory to God in the highest, and on earth peace, and good will toward men. (THRICE)

O Lord, open Thou my lips, and my mouth shall show forth Thy praise. (TWICE)

### PSALM 3

O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people.

I laid me down and slept; I awoke, for the Lord will help me.

### PSALM 37

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftiness all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE)  
Lord, have mercy. (THRICE)

*Glory to the Father, and to the Son, and to the Holy Spirit.*

PSALM 87

*Both now and ever, and unto ages of ages. Amen.*

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

O Lord, give ear unto my supplication and enter not into judgment with Thy servant. (TWICE)  
Thy good Spirit shall lead me in the land of uprightness.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

*Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE)  
O our God and our Hope, glory to Thee!*

THE GREAT LITANY

- Deacon: In peace, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For the peace from above, and for the salvation of our souls, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For the peace of the whole world, for the good estate of the Holy Churches of God, and for the union of all men, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For this Holy House, and for those who with faith, reverence, and fear of God, enter therein, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For our father and Metropolitan N., (for our Archbishop N. or Bishop N.), for the venerable Priesthood, the Diaconate in Christ, for all the clergy and the people, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For Metropolitan Paul, Archbishop John, and for their quick release from captivity and safe return, let us pray to the Lord.**
- Choir: Lord, have mercy.**
- Deacon: (In the United States) For the President of the United States, for all civil authorities, and for our Armed Forces everywhere, let us pray to the Lord.
- (In Canada) For Her Majesty, the Queen, for the Prime Minister of Canada, for all civil authorities, and for our Armed Forces everywhere, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For this city, and for every city and land, and for the faithful who dwell therein, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For healthful seasons, for abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For travelers by sea, by land, and by air; for the sick and the suffering; for captives and their salvation, let us pray to the Lord.
- Choir: Lord, have mercy.
- Deacon: For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.
- Choir: Lord, have mercy.

Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady Theotokos and ever-virgin Mary, with all the Saints: let us commend ourselves and each other, and all our life unto Christ our God.

Choir: To Thee, O Lord.

Priest: For unto Thee are due all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit; now and ever and unto ages of ages.

Choir: Amen.

#### “GOD IS THE LORD” IN TONE ONE

Choir: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord.

*Verse 1.* O give thanks unto the Lord and call upon His Holy Name. (*Refrain*)

*Verse 2.* All nations compassed me about: but in the Name of the Lord will I destroy them. (*Refrain*)

*Verse 3.* This is the Lord’s doing; it is marvelous in our eyes. (*Refrain*)

#### APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth. (THRICE)

#### THE LITTLE LITANY

Deacon: Again and again, in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Deacon: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God.

Choir: To Thee, O Lord.

Priest: For Thine is the majesty, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

#### KATHISMATA FOR ELEVATION OF THE HOLY CROSS (Plain Reading)

We adore the tree of Thy Cross, O Lover of mankind; for Thou wast nailed thereon, O life of all, and didst open paradise, Thou Savior of the thief, who, having confessed Thee, became worthy of bliss, crying, Remember me, O Lord. Receive us, therefore, as Thou received him, as we cry to Thee, We have all sinned. By Thy compassion, turn not away from us.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

By the mere planting of Thy Cross, O Christ, the foundation of death did shake; for Him Whom Hades did swallow eagerly, it delivered up with trembling; for verily, Thou didst reveal to us Thy salvation, O holy One. Wherefore, we glorify Thee, O Son of God, and have mercy upon us.

*Both now and ever, and unto ages of ages. Amen.*

Joshua the son of Nun, O my Savior, in ancient times did foreshadow Thy Cross mystically as he openly stretched forth his arms in the form of a cross, and the sun stood still until he destroyed the enemies opposed to Thee, O God. But now the sun hath grown dark, since he hath seen Thee upon the Cross abolishing the might of death and taking Hades captive.

#### THE POLYELEOS IN TONE ONE (ABRIDGED)

*\*\*End each numbered verse with "Alleluia."\*\**

1. O ye servants praise the Lord.
  2. Praise ye the Name of the Lord, O ye servants of the Lord.
  3. Ye that stand in the house of the Lord, in the courts of the house of our God.
  4. Praise ye the Lord, for the Lord is good. Chant unto His Name, for it is good.
  5. For the Lord hath chosen Jacob unto Himself, Israel for His own possession.
  6. For I know that the Lord is great and that the Lord is above all gods.
  7. All that the Lord hath willed He hath done in heaven and on the earth, in the seas and in the abysses.
  8. Bringing clouds from the uttermost parts of the earth, lightnings for the rain He hath made.
  9. He bringeth winds out of His treasures; He smote the first-born of Egypt, from man unto beast.
  10. He sent forth many signs and marvels in the midst of thee, O Egypt, on Pharaoh and on all his servants.
  11. He smote many nations and slew many kings.
- + *Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*
- + Alleluia, Alleluia, Alleluia: glory to Thee, O God. (THRICE)
- + O our God and our Hope, glory to Thee!

#### THE LITTLE LITANY

Deacon: Again and again, in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Deacon: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God.

Choir: To Thee, O Lord.

Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

### FESTAL ANABATHMOI IN TONE FOUR

- + From my youth up many passions have warred against me. But do Thou help and save me, O my Savior. (REPEAT)
- + Ye who hate Zion shall be put to confusion of the Lord; like grass in the fire shall ye be withered up. (REPEAT)
- + *Glory to the Father and to the Son and to the Holy Spirit.*
- + Through the Holy Spirit is every soul quickened and exalted in purity, and made resplendent by the Triune Unity in mystic holiness.
- + *Both now and ever and unto ages of ages. Amen.*
- + Through the Holy Spirit the channels and streams of grace overflow showering all creation with invigorating Life.

### PROKEIMENON FOR ELEVATION OF THE HOLY CROSS IN TONE FOUR

All the ends of the earth have seen the salvation of our God. (TWICE)

*Stichos: Sing unto the Lord a new song, for He hath done marvelous things.*

All the ends of the earth have seen the salvation of our God.

Deacon: Let us pray to the Lord.

Choir: Lord, have mercy.

Priest: For Holy art Thou, O our God, Who retest in the Holy Place, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

Let everything that hath breath praise the Lord. (TWICE)

*Praise ye God in His saints; praise Him in the firm foundation of His power.*

Let everything that hath breath praise the Lord.

### THE FESTAL ORTHROS GOSPEL

Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us pray to the Lord God.

Choir: Lord, have mercy. (THRICE)

Deacon: Wisdom! Attend! Let us hear the Holy Gospel.

Priest: Peace be to all.

Choir: And to thy spirit.

Priest: The Reading from the Holy Gospel according to Saint John (12:28-36).

Choir: Glory to Thee, O Lord, glory to Thee.

Deacon: Let us attend!

### \*\*TO BE READ FROM THE BEAUTIFUL GATE\*\*

Priest: The Lord said, "Father, glorify Thy Name." Then a voice came from heaven, saying, "I have both glorified it and will glorify it again." Therefore the people who stood by and heard it said that it had thundered. Others said, "An angel has spoken to Him." Jesus answered and said,



“This voice did not come because of Me, but for your sake. Now is the judgment of this world; now the ruler of this world will be cast out. And I, if I am lifted up from the earth, will draw all peoples to Myself.” This He said, signifying by what death He would die. The people answered Him, “We have heard from the law that the Christ remains forever; and how canst Thou say, ‘The Son of Man must be lifted up’? Who is this Son of Man?” Then Jesus said to them, “A little while longer the light is with you. Walk while you have the light, lest darkness overtake you; he who walks in darkness does not know where he is going. While you have the light, believe in the light, that you may become sons of light.”

Choir: Glory to Thee, O Lord, glory to Thee.

- *“In That We Have Beheld” is read today because of its references to the Holy Cross.*

Reader: In that we have beheld the Resurrection of Christ, let us bow down before the Holy Lord Jesus, the only sinless One. Thy Cross do we adore, O Christ, and Thy Holy Resurrection we praise and glorify: for Thou art our God, and we know none other beside Thee; we call upon Thy Name. O come, all ye faithful, let us adore Christ’s Holy Resurrection. For lo, through the Cross is joy come into all the world. Ever blessing the Lord, let us sing His Resurrection: for in that He endured the Cross for us, He hath destroyed Death by death.

#### PSALM 50

Reader: Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. Turn Thy face away from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up. Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Thine altar.

#### FESTAL TROPARIA AFTER PSALM 50 IN TONE TWO

*Glory to the Father, and to the Son, and to the Holy Spirit.*

O thou tripartite Cross of Christ, thou art my secure protection. Sanctify me, therefore, by thy might, that with faith and longing I may adore and glorify thee.

*Both now and ever, and unto ages of ages. Amen.*

O thou tripartite Cross of Christ, thou art my secure protection. Sanctify me, therefore, by thy might, that with faith and longing I may adore and glorify thee.

(TONE SIX—FOR THE FEAST) *Have mercy upon me, O God, according to Thy loving-kindness: according to the multitude of Thy tender mercies blot out my transgressions.*

O Cross of Christ, O hope of Christians, and guide of the lost; O haven of the winter-locked; O victory in war and security of the universe; O physician of the sick and resurrection of the dead, have mercy upon us.

#### THE INTERCESSION<sup>1</sup>

Deacon: O God, save Thy people, and bless Thine inheritance. Visit Thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us Thy rich mercies. Through the intercessions of our all-immaculate Lady Theotokos and ever-virgin Mary; by the might of the precious and life-giving Cross—as we now celebrate its Elevation—by the protection of the honorable bodiless Powers of heaven; at the supplication of the honorable, glorious prophet, forerunner and Baptist John; of the holy, glorious, all-laudable apostles Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasius, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra, Spyridon of Trimythous and Nektarios of Pentapolis, the Wonderworkers; of our fathers among the saints Tikhon, patriarch of Moscow and Raphael, bishop of Brooklyn; of the holy, glorious, great-martyrs, George the Trophy-bearer, Demetrios the Myrrh-streamer, Theodore the Soldier, Theodore the General, and Menas the Wonderworker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious great women martyrs, Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photeini, Marina, Paraskeva and Irene; of the holy, glorious, right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life; *of Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna, and of all Thy saints: we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

Choir: Lord, have mercy. (*Twelve times*)

Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

Choir: Amen.

#### KONTAKION & OIKOS FOR ELEVATION OF THE HOLY CROSS (Plain Reading)

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

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<sup>1</sup> Saints of particular local veneration may be included among the Saints of their same classification at the discretion of the pastor.

He who was caught up in the third heaven to Paradise, and who heard unspeakable and divine words which it is not lawful for the human tongue to utter, wrote to the Galatians—as lovers of the Scriptures, ye have read His words and know—“But God forbid,” said the Apostle Paul, “that I should glory except in the Cross of our Lord Jesus Christ,” on which He killed our passions by His Passion. Let us, then, firmly hold fast to the Cross of the Lord, the glory of us all. This Wood is our salvation, a weapon of peace and a trophy invincible.

### THE SYNAXARION (Plain Reading)

On September 14 in the Holy Orthodox Church we commemorate the Elevation (Exaltation) of the Honored and Life-giving Cross.

#### *Verses*

Creation, seeing the Cross highly exalted,  
Offereth Thee high praise in its throat, O Savior.  
On the fourteenth the Cross' Wood is exalted.

On this day, we commemorate two events connected with the Precious Cross of Christ: the finding of the Cross on Golgotha, and the returning of the Cross to Jerusalem from Persia. While in the Holy Land, the Empress Helena learned that the Holy Cross was buried underneath the temple of the pagan goddess Venus built on Golgotha. She demanded it be torn down and the Cross be excavated. The search turned up three crosses. Uncertain which was the true Cross, the Patriarch Marcarius ordered that each cross be placed on the corpse in a funeral procession passing by. The first two produced nothing, but the third brought the man back to life, thus determining that this was the very Cross on which our Savior brought life to the world. Later, King Chozroes conquered Jerusalem, took the people into slavery and carried off the Lord's Cross to Persia. In 628, the Greek Emperor Heraclius defeated Chozroes, and brought the Cross back to Jerusalem with great ceremony. Heraclius was carrying the Cross on his back when, suddenly, he froze. The Patriarch Zacharias saw an angel directing the emperor to take off his robes and walk with the same extreme humility with which our Savior bore His Cross. The emperor complied, and was able to finish the procession to the Church of the Resurrection on Golgotha, where he restored the Holy Cross.

By the power of Thy Cross, O Christ God, have mercy upon us, and save us. Amen.

### THE KATAVASIAS OF THE HOLY CROSS CANON IN TONE EIGHT

**Ode 1.** Verily, Moses having struck horizontally with his rod, cleaving the Red Sea and causing Israel to cross on foot, then having struck it transversely bringing it together over Pharaoh and his chariots, did trace the Cross, thus symbolizing that invincible weapon. Wherefore, do we praise Christ our God, for that He hath been glorified.

**Ode 3.** The rod is taken as a symbol of the mystery; for by its budding, it designateth the Priest. But now the tree of the Cross hath blossomed forth with might and steadfastness to the hitherto barren Church.

**Ode 4.** I have heard, O Lord, of the mystery of Thy dispensation, and have contemplated Thy works. Wherefore, have I glorified Thy Godhead.

**Ode 5.** O thou thrice-blessed Tree, on which the Lord Christ the King was stretched, and through which he who beguiled by the tree fell, having been beguiled by God Who was nailed upon thee in the flesh, Who granteth peace unto our souls.

**Ode 6.** When Jonah in the belly of the whale did stretch forth his hands in the form of a cross, he did foreshadow clearly the Passion of salvation; and when he came out on the third day, he did symbolize the world-transcending Resurrection of Christ, Who was crucified in the flesh, and illuminating the world by His third-day Resurrection.

**Ode 7.** The mad command of the infidel tyrant hath shaken the nations, breathing forth threats and blasphemies loathed of God. But the three youths were not terrified by the bestial terror, nor the consuming fire; for being together amidst the fire blown forth by a dewy breeze, they were singing: O Thou exceedingly praised, blessed art Thou, God of our Fathers.

*We praise, we bless, and we worship the Lord.*

**Ode 8.** O ye youths, equal in number to the Trinity, bless ye God the Father and Creator; praise the Word which did condescend and turn the fire to a dewy breeze; and exalt more and more the all-holy Spirit, Who giveth life to all forevermore.

Deacon:           The Theotokos and Mother of the Light let us honor and magnify in song.

#### THE NINTH ODE OF THE HOLY CROSS CANON IN TONE EIGHT

*Magnify, O my soul, the most precious Cross of the Lord.*

Thou art the mystical paradise, O Theotokos; for that thou, being untilled, didst bud forth Christ, by Whom was planted on earth the life-giving tree of the Cross. Wherefore, as we adore it being elevated, we magnify thee.

*Magnify, O my soul, the most precious Cross of the Lord.*

Let all the trees of the wood, planted from the beginning of time, rejoice; for their nature hath been sanctified by the stretching of Christ on the Tree. Wherefore, now, we worship Him, lifted up, and magnify Him.

*Magnify, O my soul, the most precious Cross of the Lord.*

A noble horn hath been raised to those of divine mind, the Cross which is head of all, by which all the noetic horns of sinners are crushed. Wherefore now, we adore it elevated, and magnify it.

#### ANOTHER HEIRMOS & OTHER TROPARIA

*Magnify, O my soul, the Elevation of the life-giving Cross of the Lord.*

Verily, death which befell the human race by eating from the tree, hath been abolished today by the Cross; for the curse of the first mother and all her descendants hath been undone by Him Who was born of the undefiled Theotokos, whom all the powers of Heaven do magnify.

*Magnify, O my soul, the Elevation of the life-giving Cross of the Lord.*

O Lord, that Thou mightest not leave the bitterness of the tree abolished, Thou didst remove it completely by the Cross. Wherefore, in ancient times the tree made the waters of Marah sweet, anticipating the act of the Cross, whom all the powers of Heaven do magnify.

*Magnify, O my soul, the Elevation of the life-giving Cross of the Lord.*

O Lord, today by the Cross Thou hast lifted up us who are immersed continually in the darkness of our first parent; for as nature fell aforetime into error perversely, the light of Thy Cross did lead aright all us who believe, and we magnify it.

*Magnify, O my soul, the Elevation of the life-giving Cross of the Lord.*

O Lord, that Thou mightest make plain to the world the sign of Thy Cross, adored since it is glorified of all, Thou didst trace it in the sky, sparkling with shining light, an invincible and perfect weapon to the king. Wherefore, all the powers of the Heavens do magnify it.

#### KATAVASIAS OF THE NINTH ODE OF HOLY CROSS CANON IN TONE EIGHT

*Magnify, O my soul, the most precious Cross of the Lord.*

Thou art the mystical paradise, O Theotokos; for that thou, being untilled, didst bud forth Christ, by Whom was planted on earth the life-giving tree of the Cross. Wherefore, as we adore it being elevated, we magnify thee.

*Magnify, O my soul, the Elevation of the life-giving Cross of the Lord.*

Verily, death which befell the human race by eating from the tree, hath been abolished today by the Cross; for the curse of the first mother and all her descendants hath been undone by Him Who was born of the undefiled Theotokos, whom all the powers of Heaven do magnify.

#### THE LITTLE LITANY

Deacon: Again and again, in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Deacon: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God.

Choir: To Thee, O Lord.

Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

#### EXAPOSTEILARIA FOR THE ELEVATION OF THE HOLY CROSS IN TONE TWO

*(\*\*While Thy disciples looked on Thee\*\*)*

The Cross is the guardian of the whole world; \* the Cross is the support and staff of the faithful; \* the Cross is the beauty of the Church of Christ; \* the Cross is the mighty strength of kings; \* the Cross is the glory of Angels; \* it is the wounding of demons. (TWICE)

*(\*\*Hearken, ye women\*\*)*

Today the Cross is lifted up, \* and all the world is sanctified. \* For Thou, while throned with the Father \* and with the All-holy Spirit, \* by stretching out Thy hands thereon, \* hast drawn the whole world to Thyself, \* that it might know Thee, O my Christ. \* Therefore, vouchsafe divine glory \* to them that trust in Thy goodness.

#### AINOI (PRAISES) IN TONE EIGHT

Choir: Let everything that hath breath, praise the Lord. Praise ye the Lord from the heavens: praise Him in the heights. To Thee, O God, is due our song.

Choir: Praise ye Him, all His angels: praise ye Him, all His hosts. To Thee, O God, is due our song.

For the Elevation in Tone Eight (\*\**O strange wonder*\*\*)

*Verse 1. Praise God in His sanctuary: praise Him in the firmament of His power. Praise Him for His mighty acts: praise Him according to His excellent greatness.*

O strange wonder, great and marvelous! \* Today the life-bearing Tree, \* the all-holy and precious Cross, \* being lifted up on high, \* is made manifest openly. \* All of the ends of the earth give glory now, \* and all the demons are sorely terrified. \* O what a gift is this, \* kindly granted to us mortal men, O Christ! \* Whereby save our souls, since Thou alone art merciful.

*Verse 2. Praise Him with the sound of the trumpet. Praise Him with the psaltery and harp.*

O strange wonder, great and marvelous ... (*repeat above*)

*Verse 3. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.*

O strange wonder, great and marvelous! \* The Cross, which held the Most High \* like a grape-cluster full of life, \* clearly doth appear this day \* lifted high up above the earth. \* Through it, we all have been drawn nigh unto God, \* and death is utterly swallowed up at last. \* O thou unsullied Tree! \* through which, as we send up glory unto Christ, \* we partake of Eden's comely and immortal fruit.

*Verse 4. Praise Him upon the loud cymbals: praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.*

O strange wonder, great and marvelous! \* The length and breadth of the Cross \* is the equal of Heaven's span, \* for by means of grace divine, \* it doth hallow the universe. \* By this, barbarian nations are subdued; \* by this, the scepters of princes are made strong. \* O ladder most divine! \* Whereby we ascend unto the Heavens' heights, \* while exalting Christ the Lord with hymns and songs of praise.

#### THE DOXASTICON OF THE ELEVATION OF THE HOLY CROSS IN TONE SIX

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

Today the Cross of the Lord goeth forth, and the faithful welcome it with longing, and they receive healing of soul and body and of every malady. Let us kiss it with joy and fear: with fear, because of sin, for we are unworthy; with joy, because of the salvation granted to the world by Him Who was crucified thereon, Christ the Lord, Who hath Great Mercy.

#### THE GREAT DOXOLOGY IN TONE SIX

- + Glory to Thee, Who hast shown us the Light; Glory to God in the highest, and on earth peace, good will among men.
- + We praise Thee, we bless Thee, we worship Thee, we glorify Thee; we give thanks unto Thee for Thy great glory.
- + O Lord, heavenly King, God the Father Almighty; O Lord, the only-begotten Son, Jesus Christ; and the Holy Spirit.
- + O Lord God, Lamb of God, Son of the Father, Who takest away the sin of the world, have mercy on us; O Thou Who takest away the sins of the world.
- + Receive our prayer, O Thou Who sittest at the right hand of the Father, and have mercy on us.

- + For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen.
- + Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever.
- + Vouchsafe, O Lord, to keep us this day without sin.
- + Blessed art Thou, O Lord God of our Fathers, and praised and glorified be Thy Name forever. Amen.
- + Let Thy mercy, O Lord, be upon us, as we do put our hope in Thee.
- + Blessed art Thou, O Lord: teach me Thy statutes. (THRICE)
- + Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee.
- + Lord, I have fled unto Thee: teach me to do Thy will, for Thou art my God.
- + For with Thee is the fountain of life: in Thy light shall we see light.
- + O continue Thy loving-kindness unto them that know Thee.
- + Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE)
- + Glory to the Father, and to the Son, and to the Holy Spirit:
- + Both now and ever, and unto ages of ages. Amen.
- + Holy Immortal: have mercy on us.
- + Holy God, Holy Mighty, Holy Immortal: have mercy on us.

APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

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