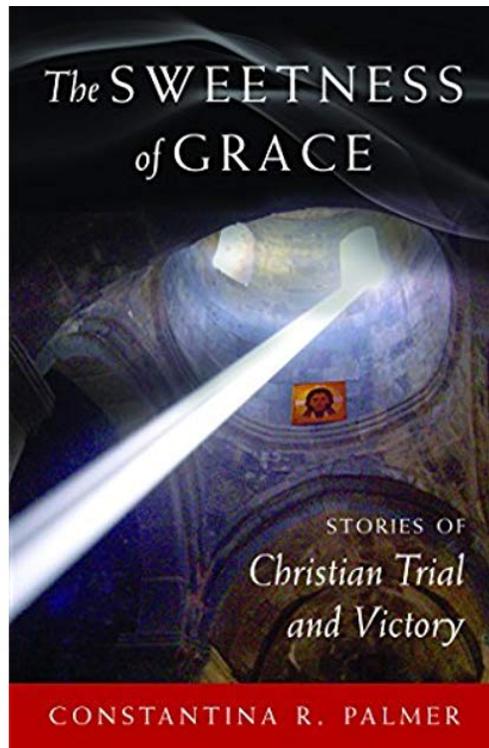


ANTIOCHIAN WOMEN BOOK CLUB SELECTION 2018/19



From the Epilogue of the book: *“The Sweetness of Grace puts into print various stories, experiences, and lessons I took away from my travels in Asia, Europe, and North America. Throughout all of this, I have been seeking those who believe, those whose eyes are fixed on the Lord, those who have listened. I found many such ones, and to their stories I have added my own: stories of trial and victory, of the sweetness of grace, and of a life of blessedness. While “From olden times David, with good reason, restraineth sinners like me from speaking the statutes of God” (Oikos for St. Andrew the First-called), yet here, on this isolated Atlantic island, I collect these stories and offer them to you, my reader, as a testimony to life in Christ.*

In St. Jerome's letter to a Christian woman, Markella, he speaks of being wounded by the Savior's love, saying, "We shall say one to another: I have found Him whom my soul loves; I will hold Him & will not let Him go." This collection of stories of conversations, encounters, & lessons from my experiences with monastics, priests, & laypeople is, in a sense, this exchange: us saying one to another, "I have found Him whom my soul loves; I will hold Him & will not let Him go." “

About the Author: Constantina R. Palmer is from New Brunswick, on Canada's Atlantic coast. She lived in Thessaloniki, Greece for almost six years, where she received a Master's degree in theology from Aristotle University, studied Cretan style iconography, as well as Byzantine chant. She also spent significant time at a number of women's monasteries throughout northern Greece. She & her husband, an Orthodox priest, in the province of Newfoundland & Labrador, serving the only Orthodox parish on the island of Newfoundland & is also a social worker.

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